

153

UNEMPLOYED?

Do you struggle to stay motivated when applying for jobs? Would you like some extra help and encouragement?

Whether you've been unemployed for a short time, several years or you are yet to enter the world of work, we will help you in your quest to get back into employment.

At 153 you will get practical help as you seek employment. You will have the opportunity to have one-to-one informal support, help to set goals, and to identify and tackle any areas you are struggling with. Activities include job hunting, identifying your strengths and skills to writing up a CV and learning how to succeed in an interview. If you have convictions, guidance is available on how to disclose and if or when your convictions will be spent.

It's a relaxed environment and you will get as much practical help as possible.

HOW MUCH WILL THIS COST ME?

Absolutely nothing apart from commitment! This service is completely free and is run by individuals who want to help you. We know from personal experience what it is to be unemployed and how discouraging it is completing application form after application form.



DEBT ADVICE

Are you struggling with money and in debt? It does not matter how much or how little money you owe, we are here to help those who are finding it difficult to manage their money.

We can assist you if you have debt problems and know from experience how stressful it can be. You're bound to be worried and you may feel like there is no way out. Help is available. We can give you the information and support you need to help you tackle your financial troubles. We are not financial advisors and we won't tell you which is the best mortgage deal or the best deal for a loan but you will get help to complete a financial statement. This will show how much money you have coming in, how much you have going out as well as how much you have left. This is crucial in helping you manage your debt. You may discover that you don't have anything left – but don't panic. We also see if there are ways to increase your income.

If you think you would like some advice and support then please do make use of this service. Don't hide the envelopes anymore, or stick them in a drawer unopened. Doing that won't change anything. You need to talk about it. Take this simple first step in dealing with your debt. This help is absolutely free.

DEPRESSION

Is life a real struggle for you? Wondering how you are going to get through your problems? We can provide you with a listening ear and helpful advice on issues such as depression, alcohol and drug problems, family/relationship problems as well as spiritual problems.



GRACE: SOUL CARE

Ministering to the mental health needs of women.

As mental health issues become increasingly complex and widespread both in adults the under 18's, it is obvious that Christians and non-Christians alike are increasingly susceptible to mental health problems.

Grace: Soul Care believes that the Bible speaks to all of life with all of its problems. The Bible is a book that is centred on a personal relationship with Christ, the Saviour and Redeemer. When our problems are seen in the context of this necessary, true and vital relationship, people encounter real change. That change is all of God.

Biblical Counsellors are Christians who have undertaken special study in Scripture and who have experience in applying God's truth to the rigors of life. If you are experiencing mental health problems and need help, please contact Suzanne on 077 8837 7089.

READING SKILLS

Struggling with reading? Do you or someone you know need help with reading? Toe by Toe is delivered on a one-2-one basis and is an excellent way to improve your reading ability. For more information contact us on 07518020228 and we will arrange to meet with you and tell you all about Toe by Toe over a cup of tea or coffee.



COMMUNITY: *Loneliness*

Lonely? An opportunity to meet up with other members of the local community and some of the congregation for a bite to eat, some chat, a game of pool, as well as a short discussion on the things of God.! Maybe you would like to go for a walk or just be in the company of people. This is a great opportunity for meeting people, making new friends and finding out about God!

SPIRITUAL

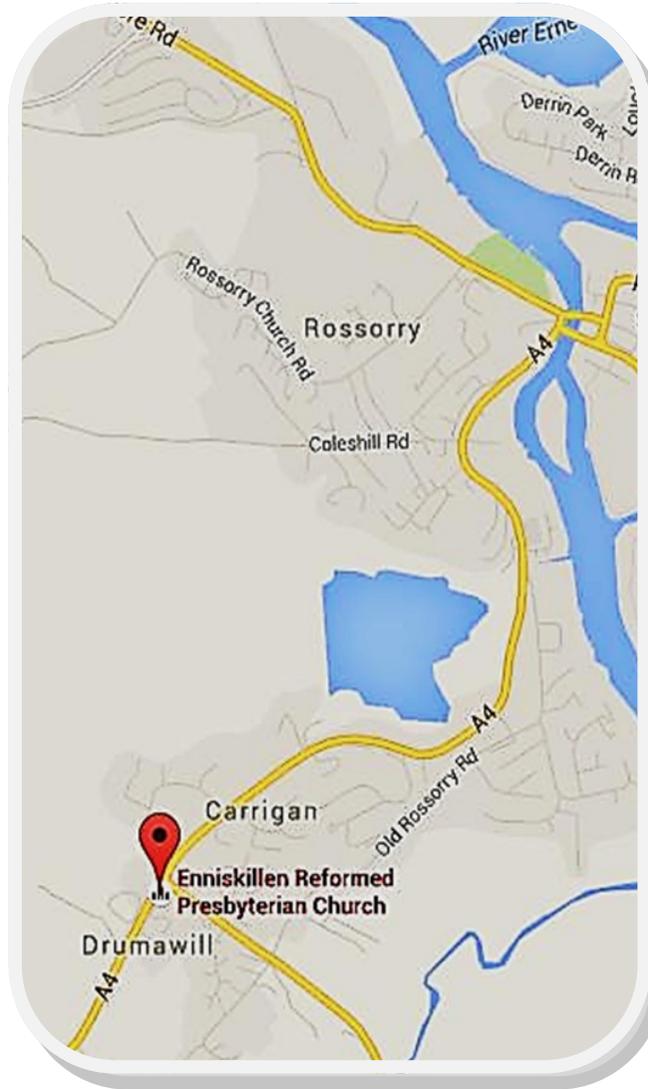
If you are interested in a one-to-one Bible Study or would like to meet up with a small group, you will be more than welcome to come along. As you would expect from a church, we see the spiritual needs of people being a priority and it is our desire to see people coming into a relationship with the one only true and living God. Jesus said that if anyone is to see the Kingdom of God, they must be born again. It is only in Christ that we find true purpose and meaning in life, and it is only in Christ that we will have life and have it in abundance John 10:10. If this is something that interests you, just inform your 153 support worker.

WHAT DO I NEED TO DO?

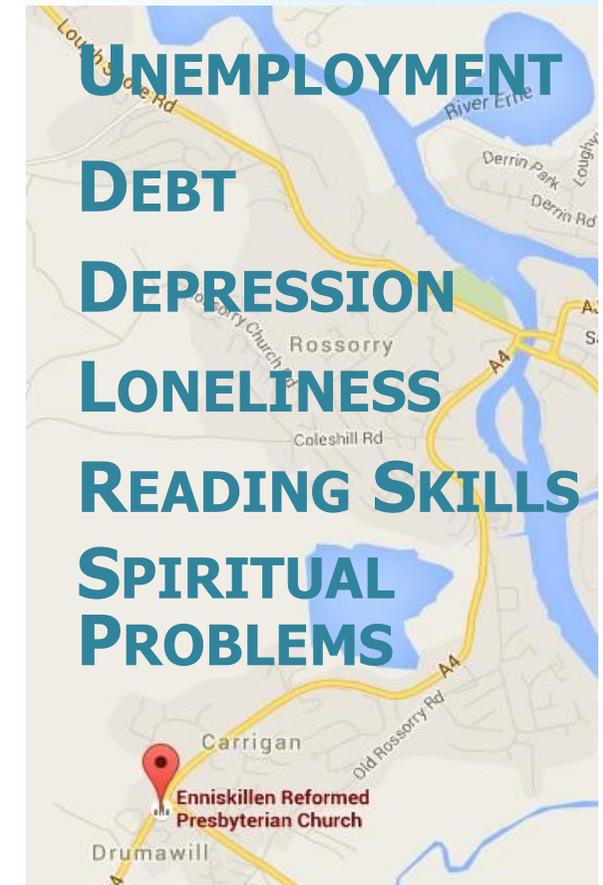
If you are interested in any of the above help and support, simply ring or text Robert on 075 1802 0228 and we will arrange to meet up with you. It can be hard to take that first step but it could be a life changing step. Not only may you be able to get the support that you need to help you with employment, debt, the ability to read or make new friends, you might actually meet with God.



HOW TO FIND US



**FOR FURTHER INFORMATION CONTACT
ROBERT ROBB 075 1802 0228
153 SLIGO ROAD, ENNISKILLEN BT74 7JZ
ENNISKILLEN RPC**



... seeking to serve the local community